

Journal Prompts

FOR YOUR PRACTICE PLANNER

Why are you doing this?

What made you want to learn a musical instrument in the first place?
How does that influence your practice?

Who is an important musical influence?

Who is the most important musical influence in your life? How have they influenced you?

How will practicing technique help you improve?

How will practicing things such as scales, and arpeggios help you to improve your playing? How do they apply to actual musical repertoire?

How much time can I realistically dedicate to practice?

Taking into consideration my current class schedule and commitments, how much time can I realistically dedicate to practice? Is there any room in my schedule to squeeze in a little more?

What is something I am really good at?

What are the things that you are already good at? What steps did you take to get good at them? Is there anyway you can make them any better?

What is something I am can improve?

What is one area of performance that you need to improve? What steps can you take to do this? How will improving this area make you better overall?